



Coronavirus (COVID-19) Update

The rapidly developing situation with COVID-19 is presenting unprecedented challenges to our daily lives. A New You Plastic Surgery's top priority is to keep our patients and staff safe. We are following the advice of the Center for Disease Control (CDC), World Health Organization (WHO), American Society of Plastic Surgery (ASPS), American College of Surgeons (ACS) and local hospitals who are providing guidance to protect our community.

We hope our A New You family is doing well and staying upbeat during these times. Since the stay at home order has extended until the end of April, we will postpone our elective surgeries and in-person office visits until May 1, 2020. The situation is still fluid and may change accordingly. However, we will be available for online consultations, virtual telehealth visits, and any urgent patient needs. Thank you for your understanding.

As a medical business, we already have strict hygiene protocols in place. However, given the current situation we are taking extra precautions. Additional safety measures have also been implemented at our practice and we are taking every measure to avoid the potential spread of the Coronavirus (COVID-19) at our facilities:

- We have increased hand sanitizer stations around the clinic.
- We have created a gap between appointments to sanitize and disinfect all treatment equipment and consultation rooms.
- Limiting patients in our waiting room to a maximum of 2 so patients are not sitting close to one another and disinfect all treatment rooms after each use.
- No sign-in form to reduce the potential spread of COVID-19 by sharing pens/paper.
- All high touch/traffic areas are disinfected and sanitized frequently, this includes but is not limited to reception, reception area, coffee station, coffee tables, door handles, phones, bathrooms and treatment areas.
- We have more signage urging all patients to wash and sanitize their hands.
- Temperature Monitoring



HOW CAN YOU HELP?

If you are feeling unwell or experiencing any signs of illness (runny nose, sore throat, upset stomach, body aches, temperature, cough or flu-like symptoms), we ask that you call us as soon as possible to postpone or reschedule your appointment. It is also important that you seek immediate medical attention.

While the above may seem obvious we ask everyone to take care of themselves. Avoid situations that put you in contact with large group's people. This is known as social distancing. Keep hydrated, eat well, get plenty of rest, and continue to practice good general hygiene habits.

If you have travelled internationally within the last month, we request that you call us and reschedule.

HOW CAN WE HELP?

We have made the decision to contribute to local senior facilities. With these donations they can purchase necessary supplies during this difficult time. We value our community and our patients. Thank you, and we will overcome this together!

Sincerely,

Dr. Samir R. Shah, Dr. Rajendra R. Shah, and A New You Staff